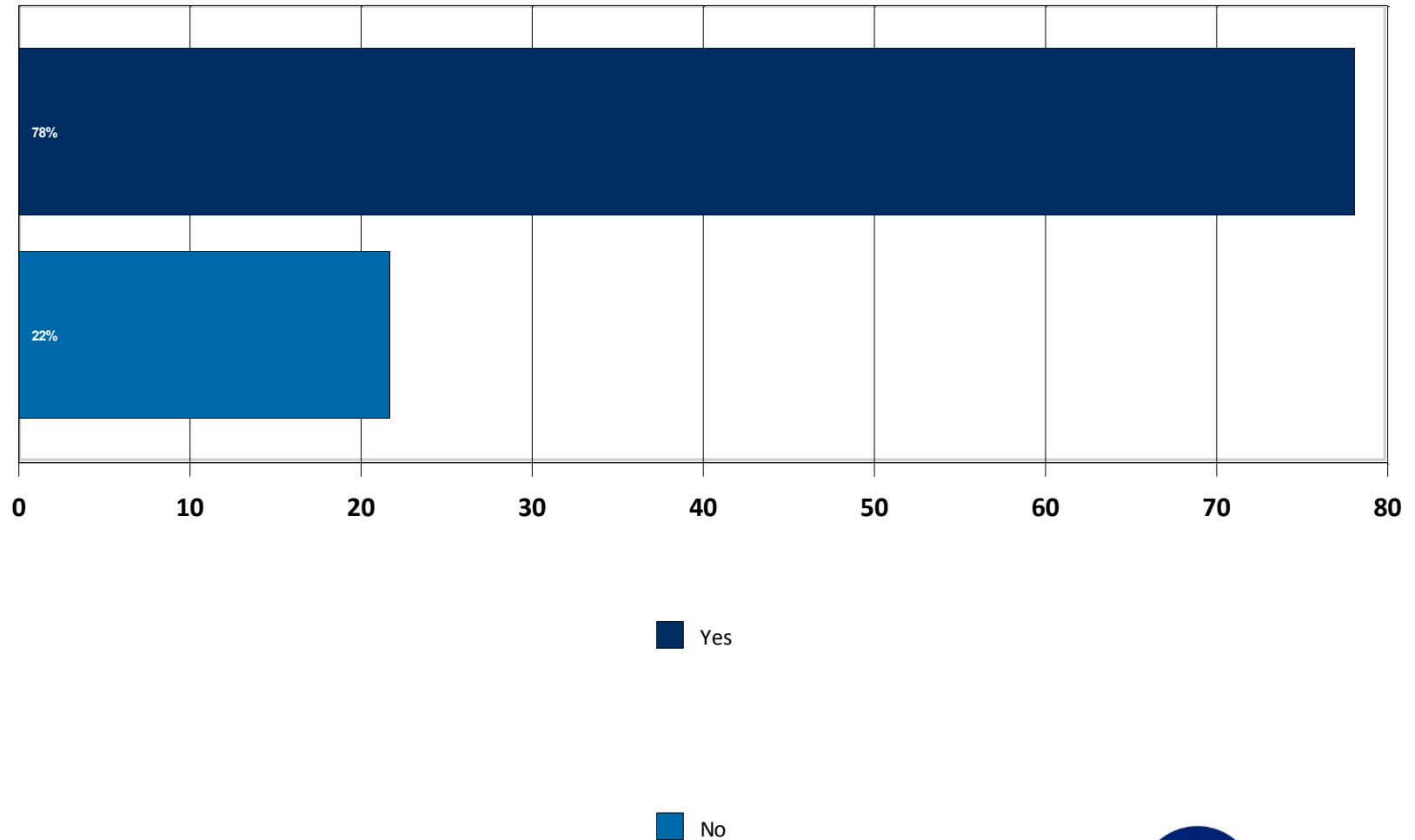


The research for GFI Software was carried out between:  
11 / 03 / 2015 and 16 / 03 / 2015

Sample: 202 IT administrators in companies of 10+ employees in the USA

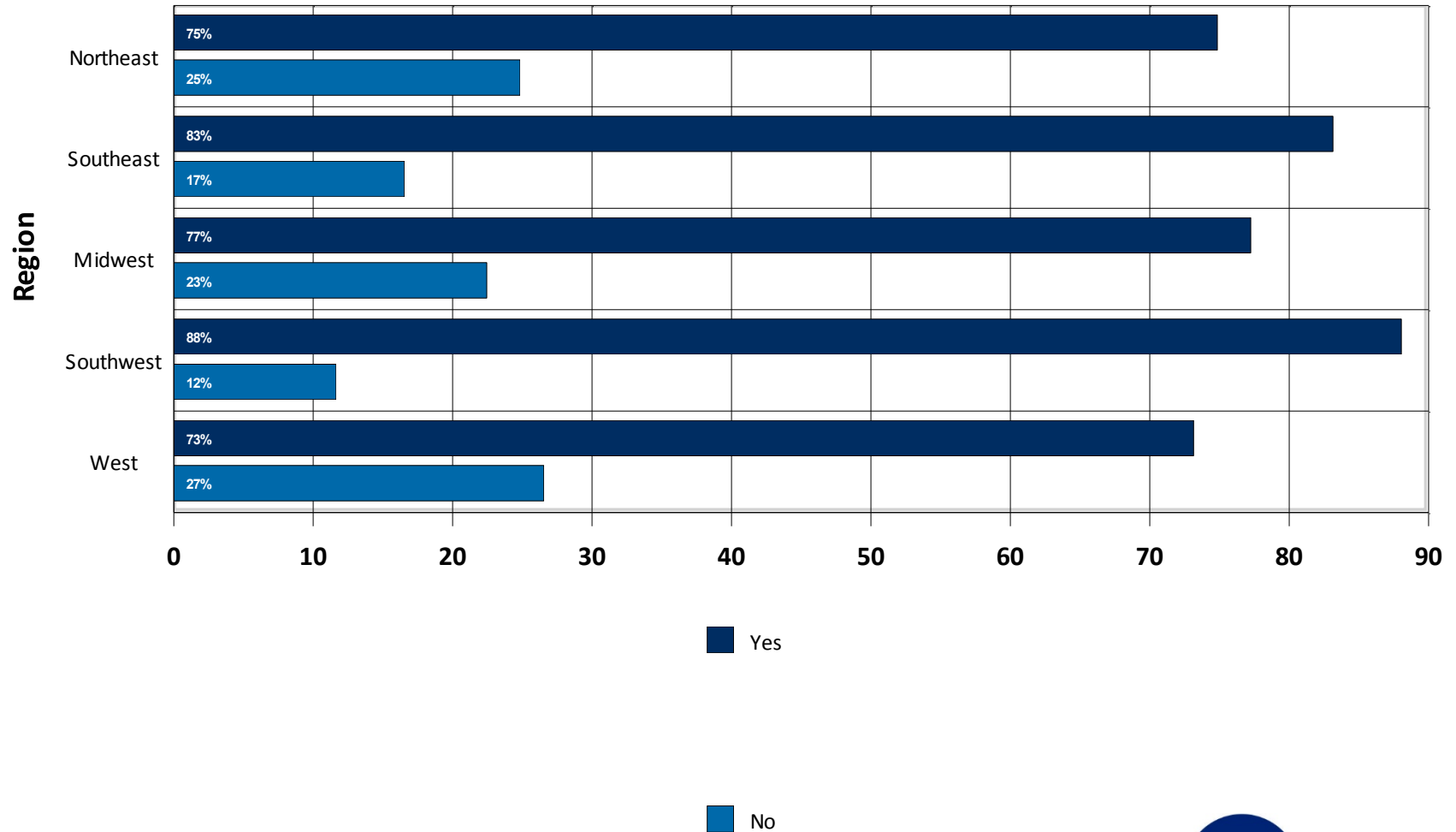
## Question One

Is your job as an IT administrator stressful?



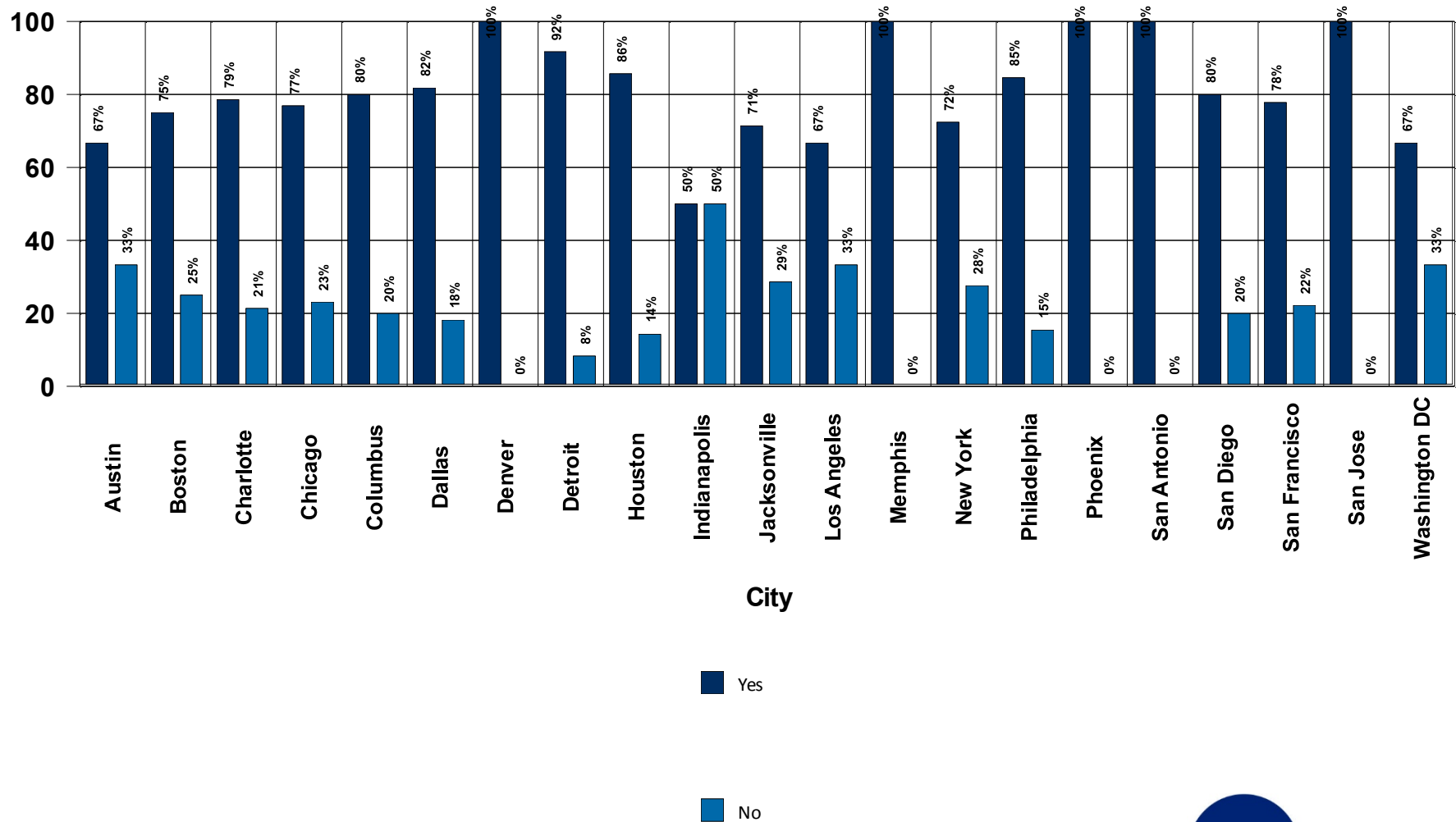
## Question One Cross Tabulation With Region

Is your job as an IT administrator stressful?



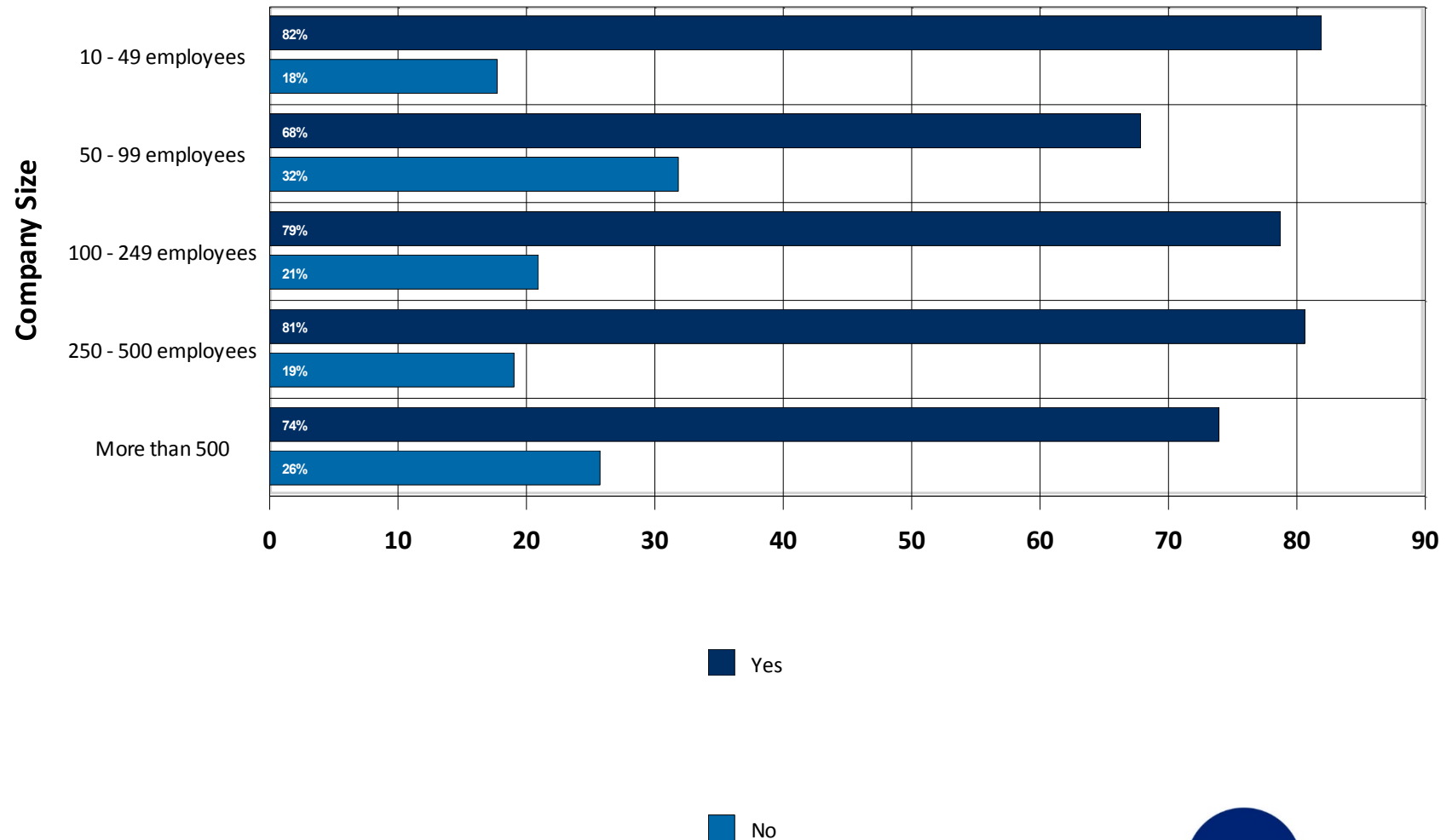
# Question One Cross Tabulation With City

## Is your job as an IT administrator stressful?



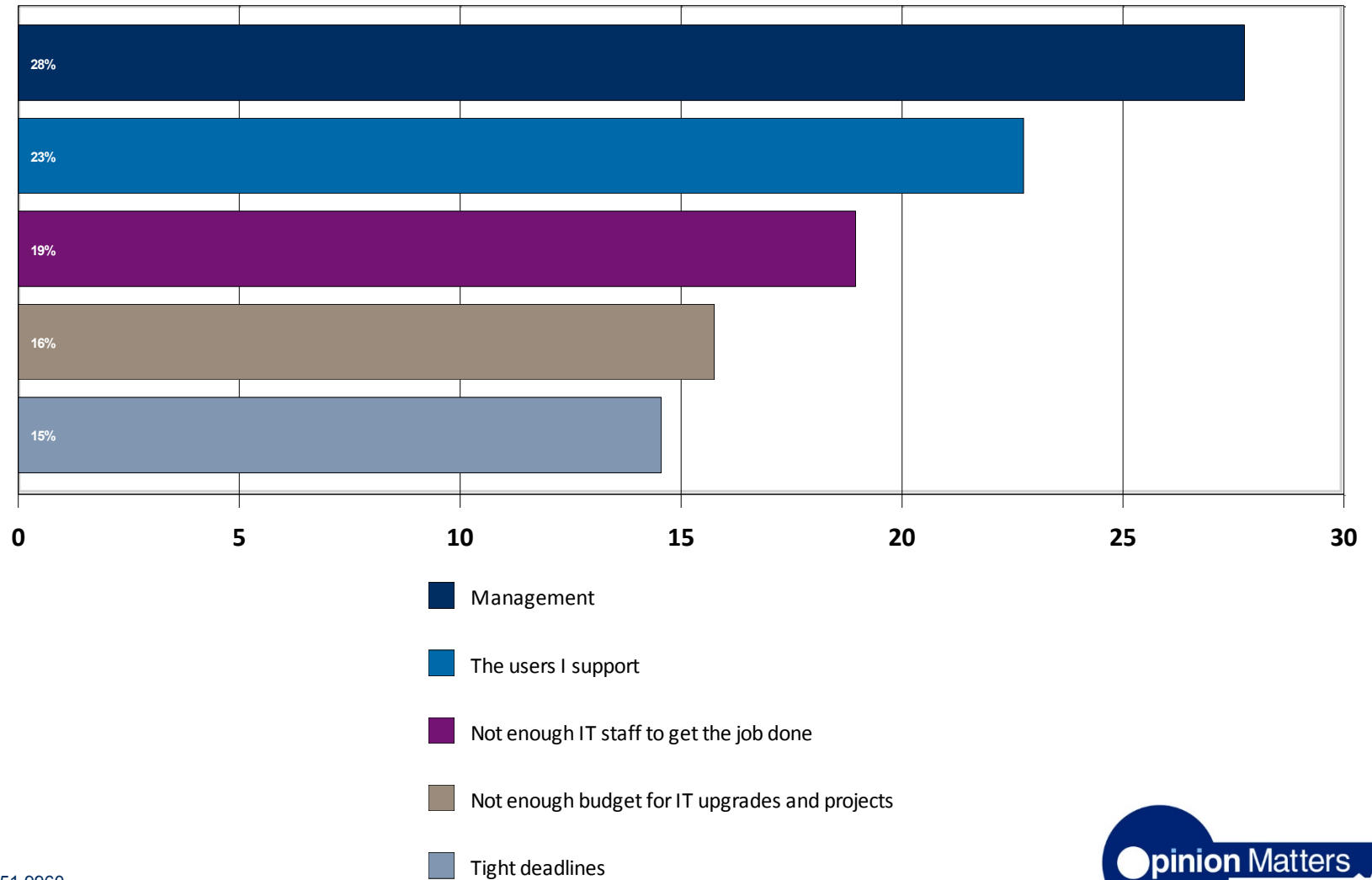
# Question One Cross Tabulation With Company Size

Is your job as an IT administrator stressful?



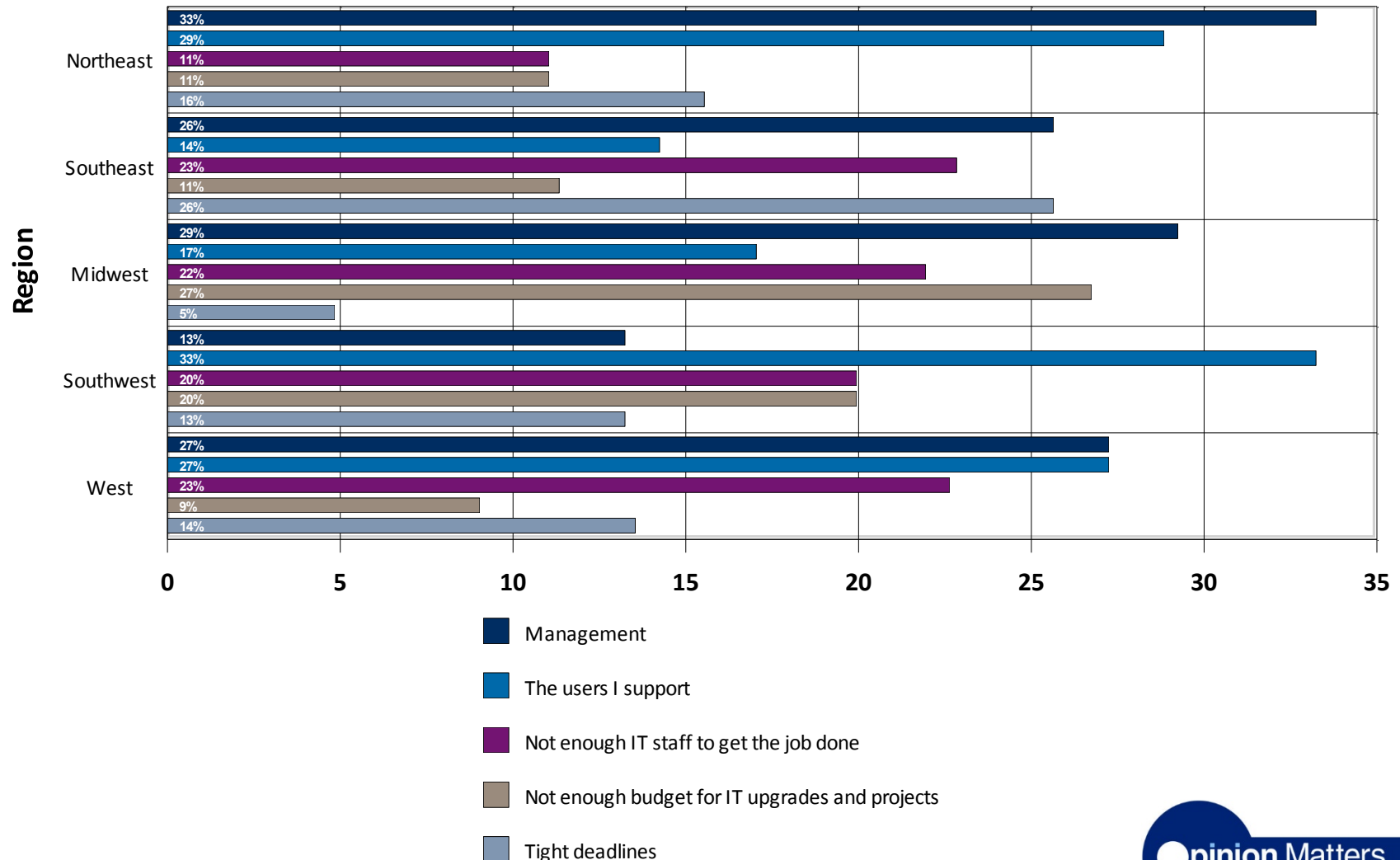
## Question Two

What is your biggest source of stress?



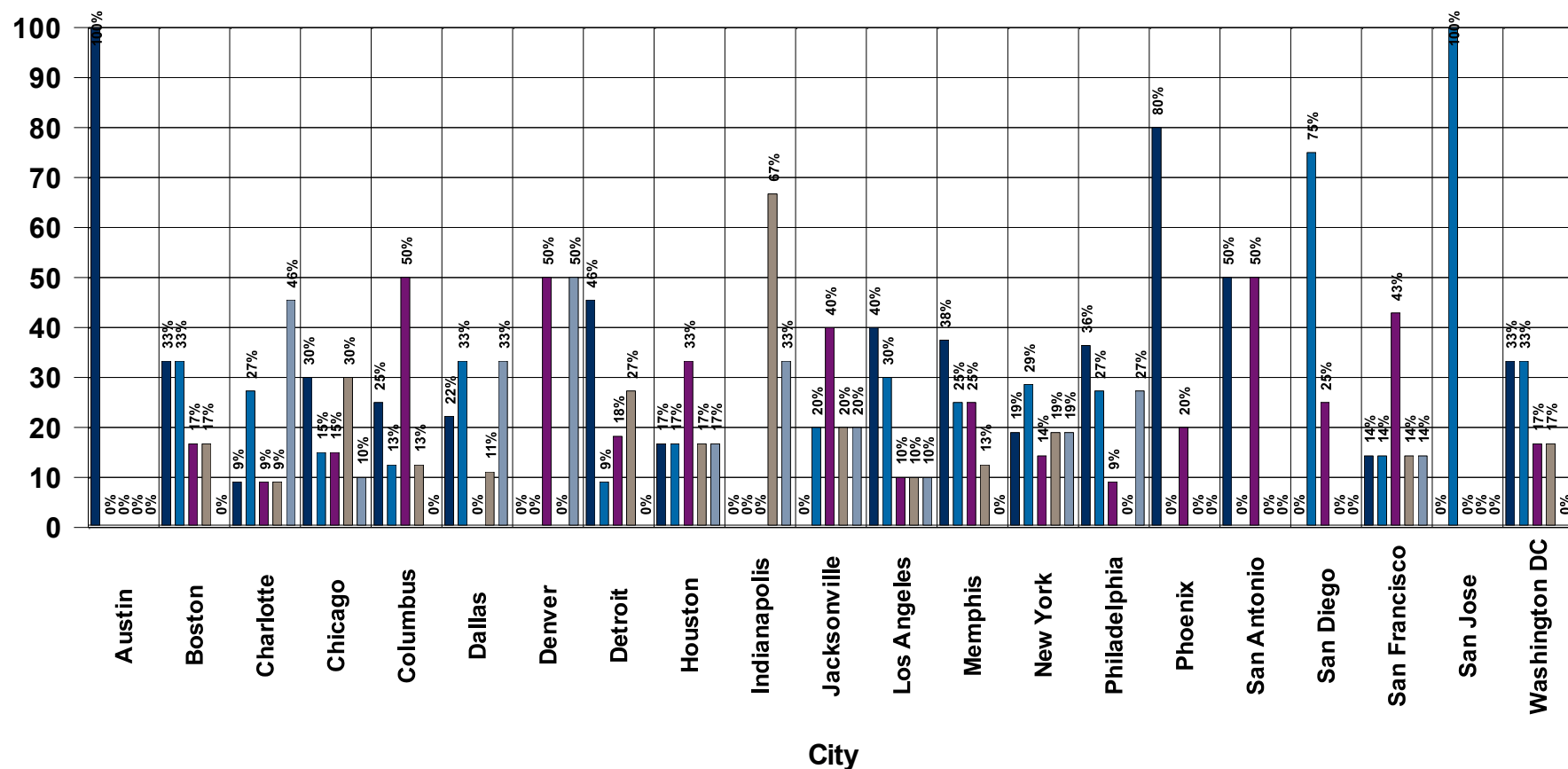
## Question Two Cross Tabulation With Region

### What is your biggest source of stress?



# Question Two Cross Tabulation With City

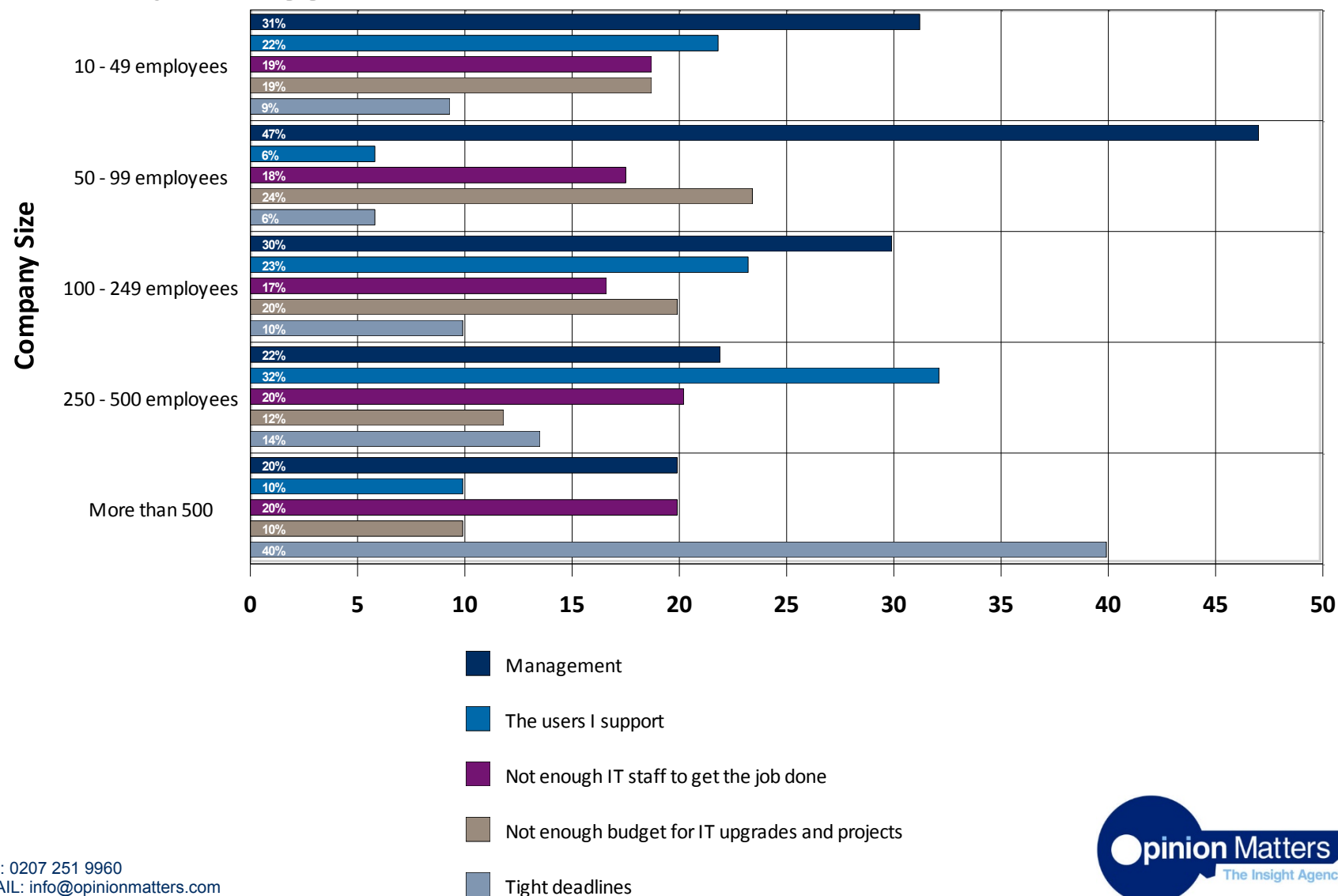
## What is your biggest source of stress?



- Management
- The users I support
- Not enough IT staff to get the job done
- Not enough budget for IT upgrades and projects
- Tight deadlines

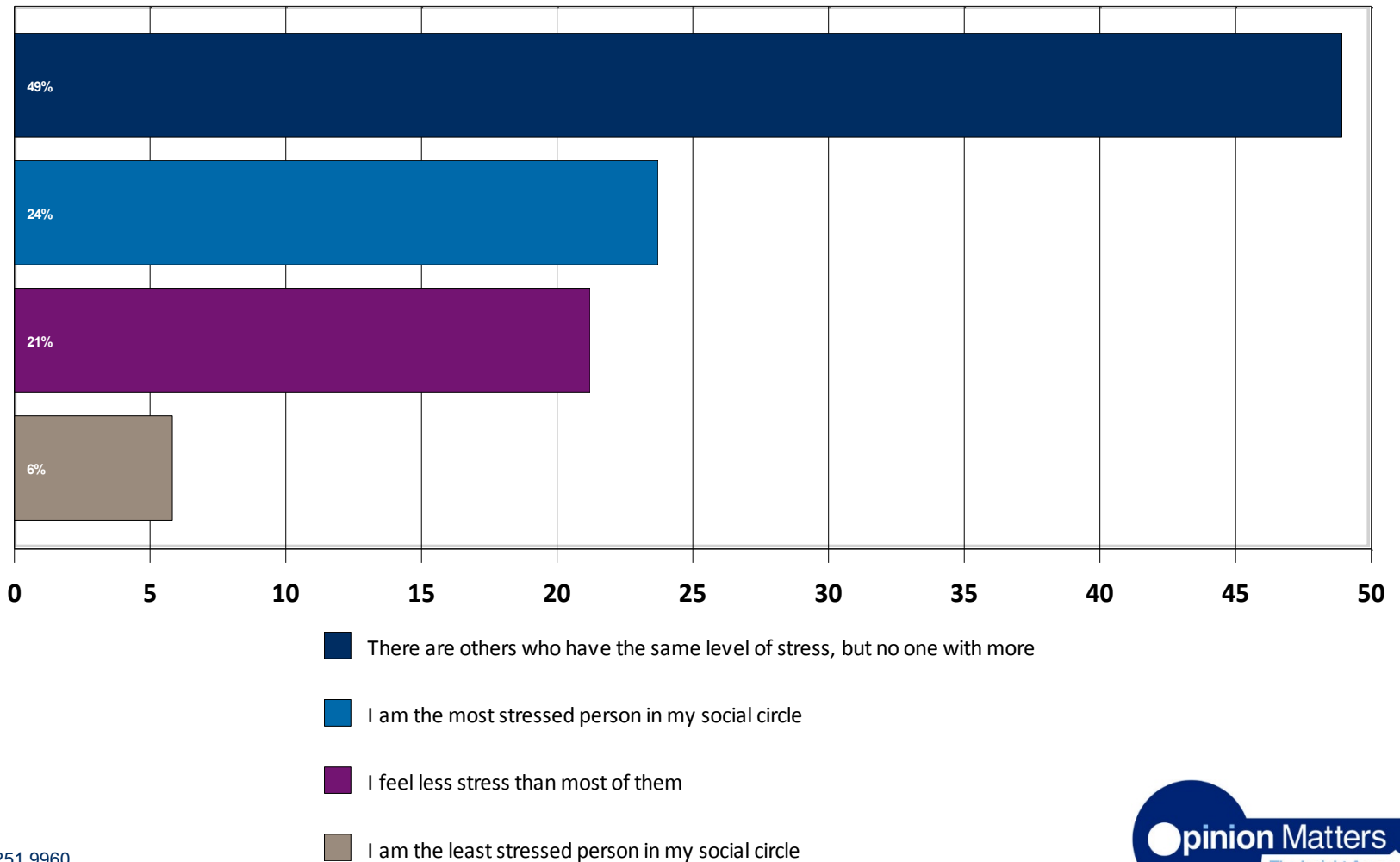
## Question Two Cross Tabulation With Company Size

What is your biggest source of stress?



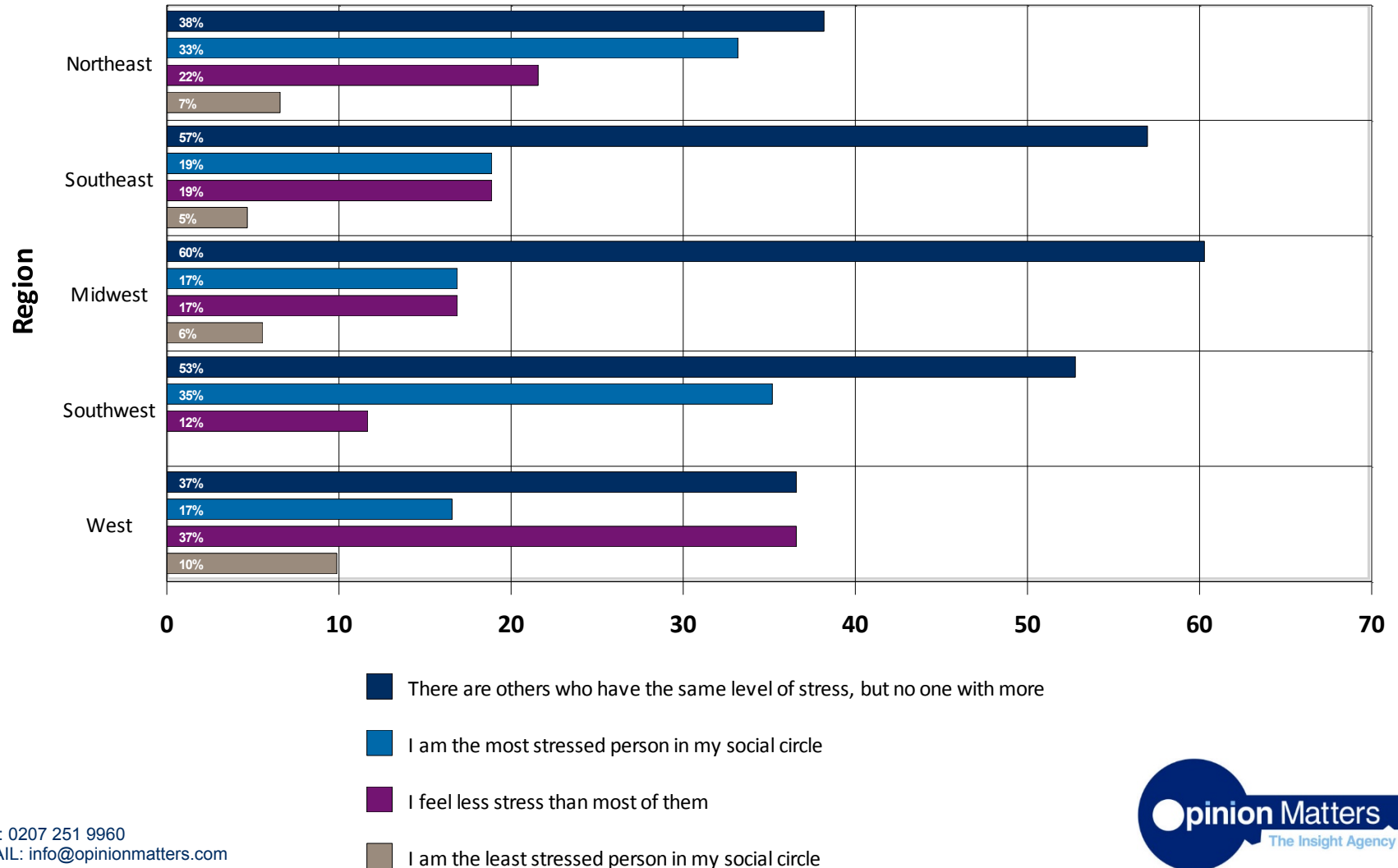
## Question Three

How much stress do you think your job gives you compared to others in your social circle?



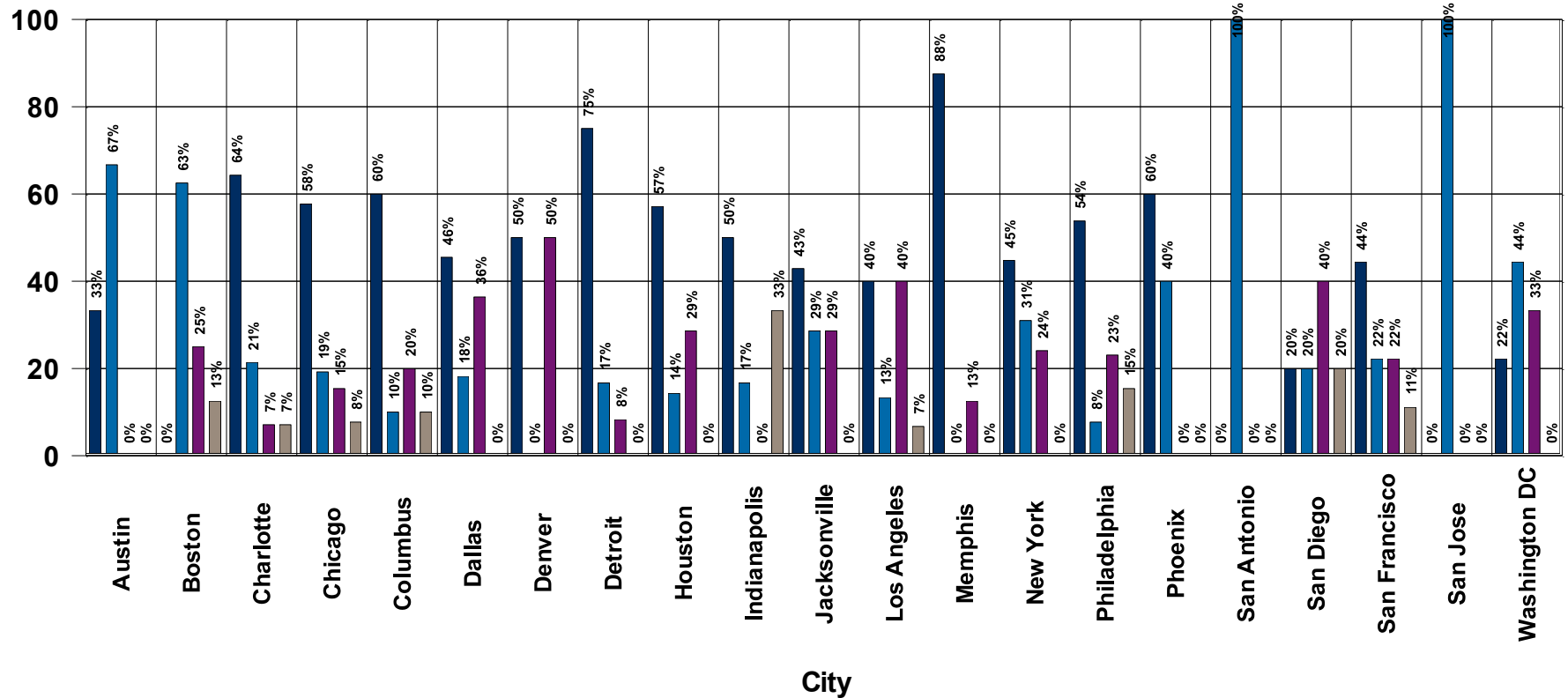
## Question Three Cross Tabulation With Region

How much stress do you think your job gives you compared to others in your social circle?



## Question Three Cross Tabulation With City

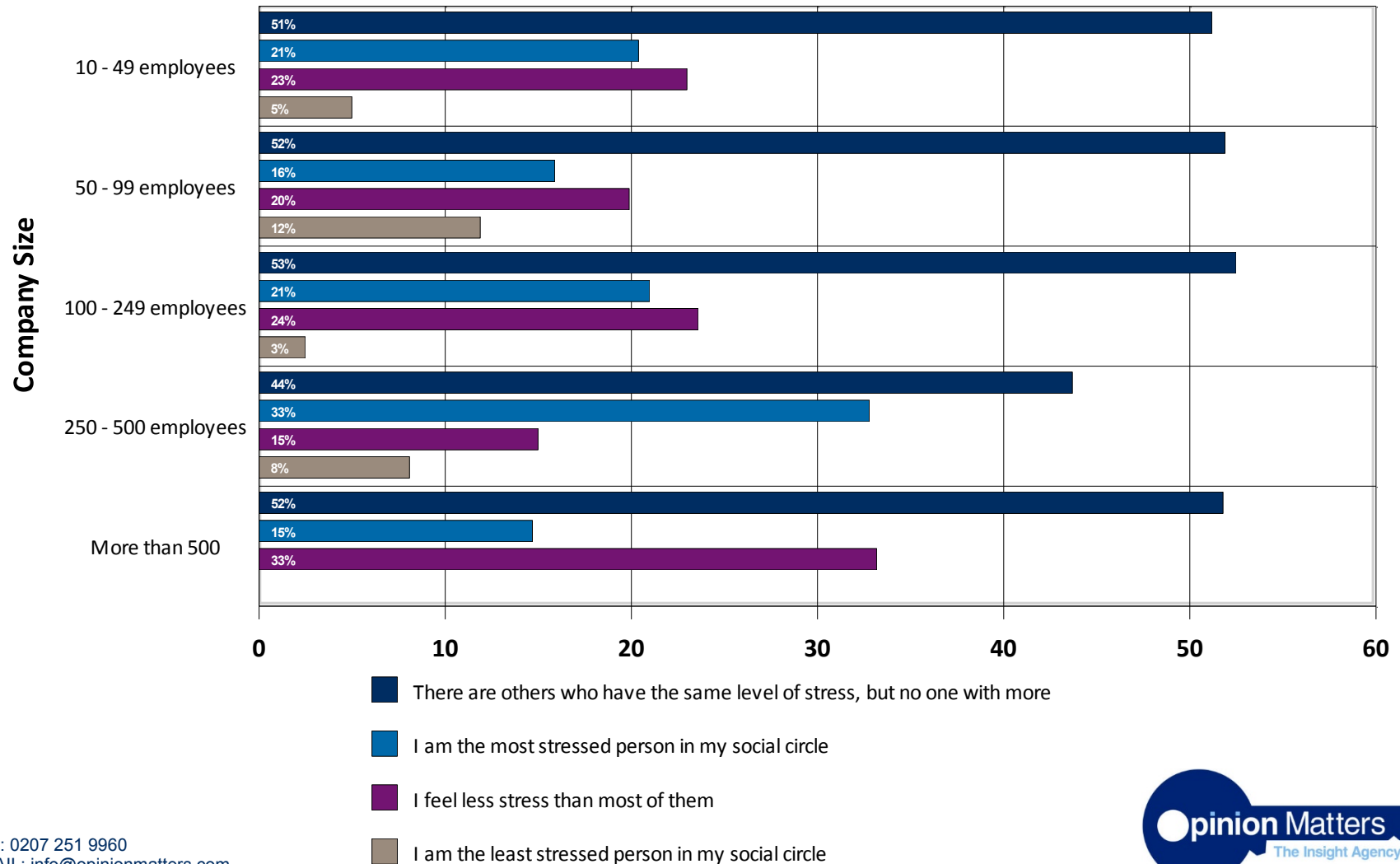
How much stress do you think your job gives you compared to others in your social circle?



- There are others who have the same level of stress, but no one with more
- I am the most stressed person in my social circle
- I feel less stress than most of them
- I am the least stressed person in my social circle

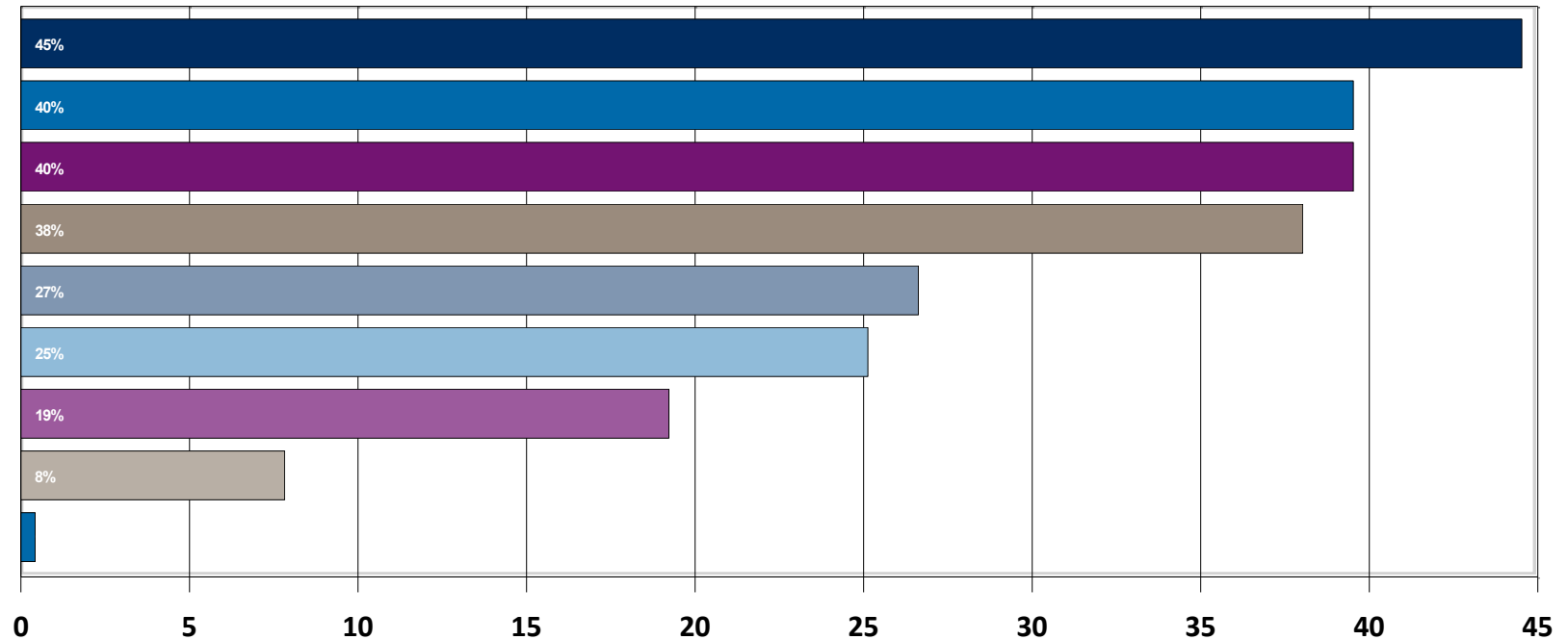
## Question Three Cross Tabulation With Company Size

How much stress do you think your job gives you compared to others in your social circle?



## Question Four

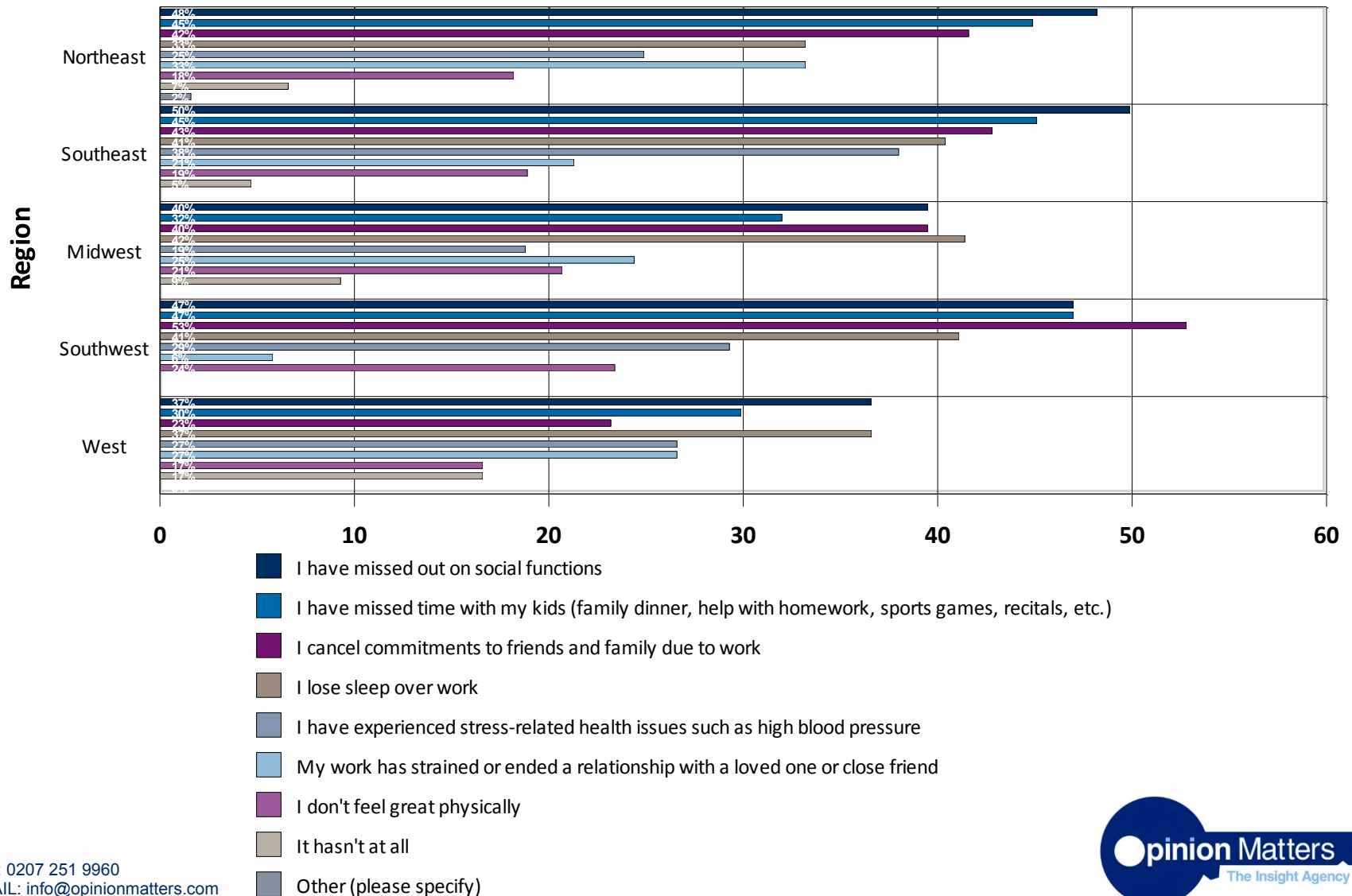
How has your job impacted your personal life?



- I have missed out on social functions
- I have missed time with my kids (family dinner, help with homework, sports games, recitals, etc.)
- I cancel commitments to friends and family due to work
- I lose sleep over work
- I have experienced stress-related health issues such as high blood pressure
- My work has strained or ended a relationship with a loved one or close friend
- I don't feel great physically
- It hasn't at all
- Other (please specify)

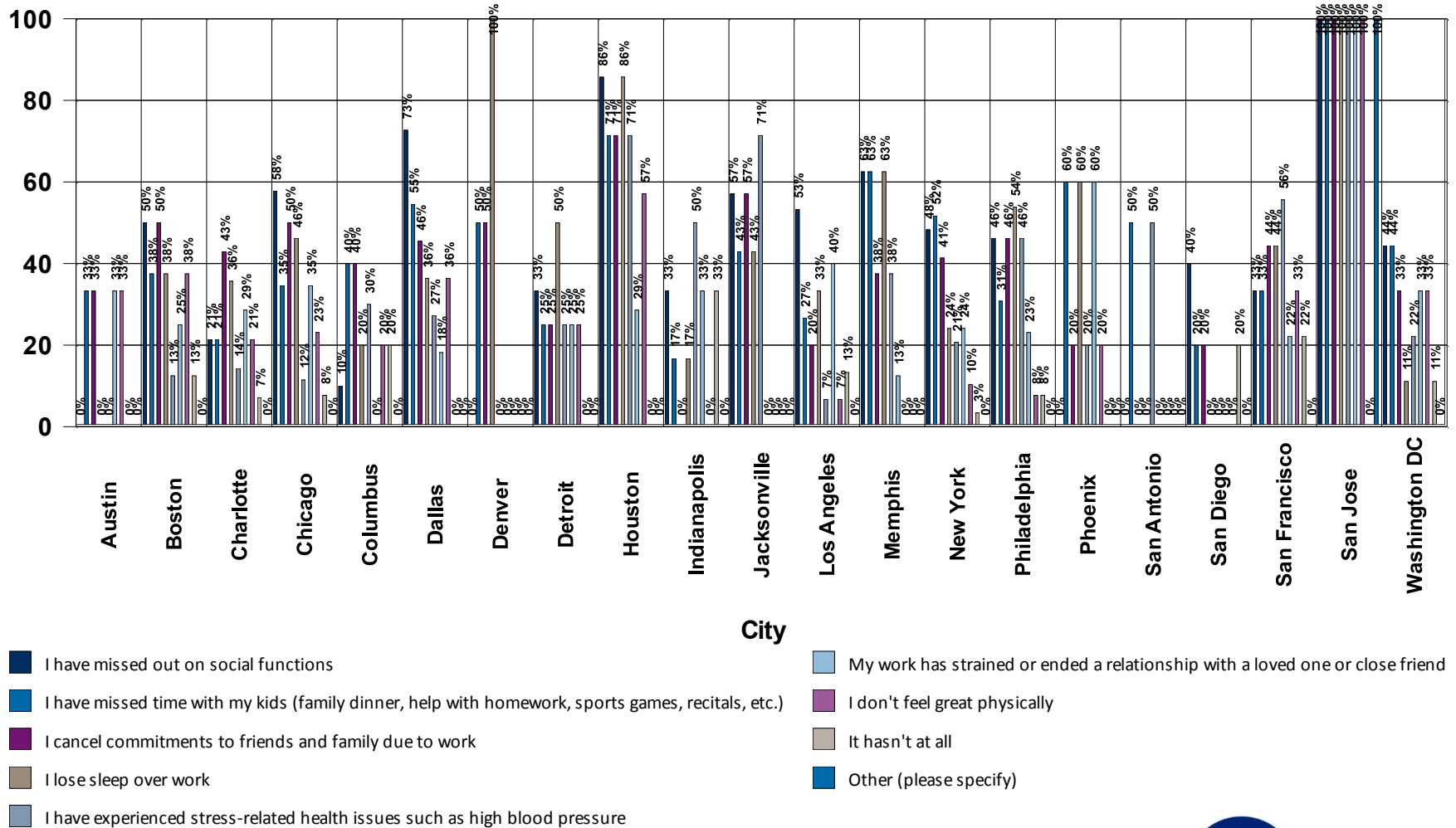
# Question Four Cross Tabulation With Region

## How has your job impacted your personal life?



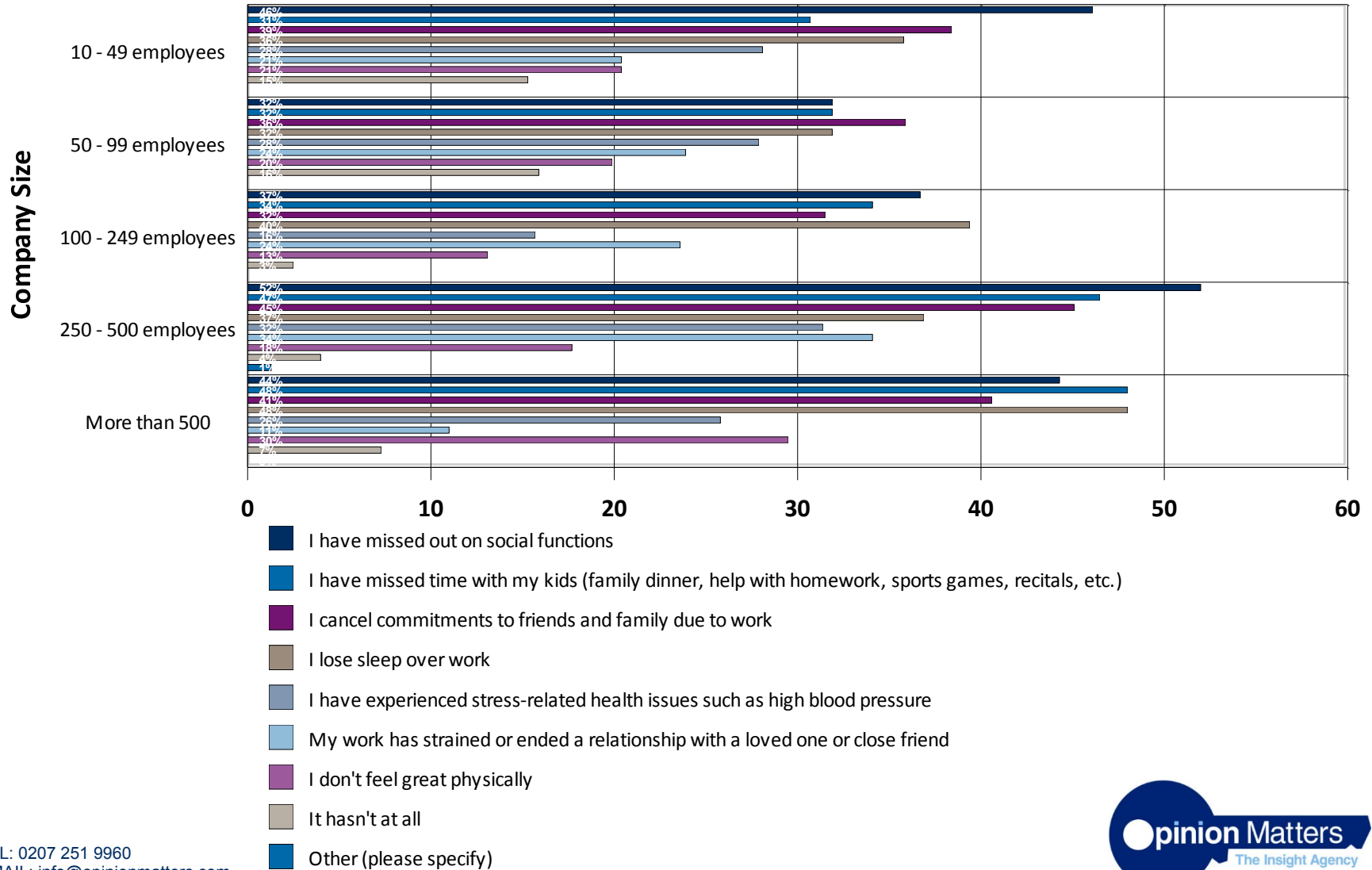
# Question Four Cross Tabulation With City

## How has your job impacted your personal life?



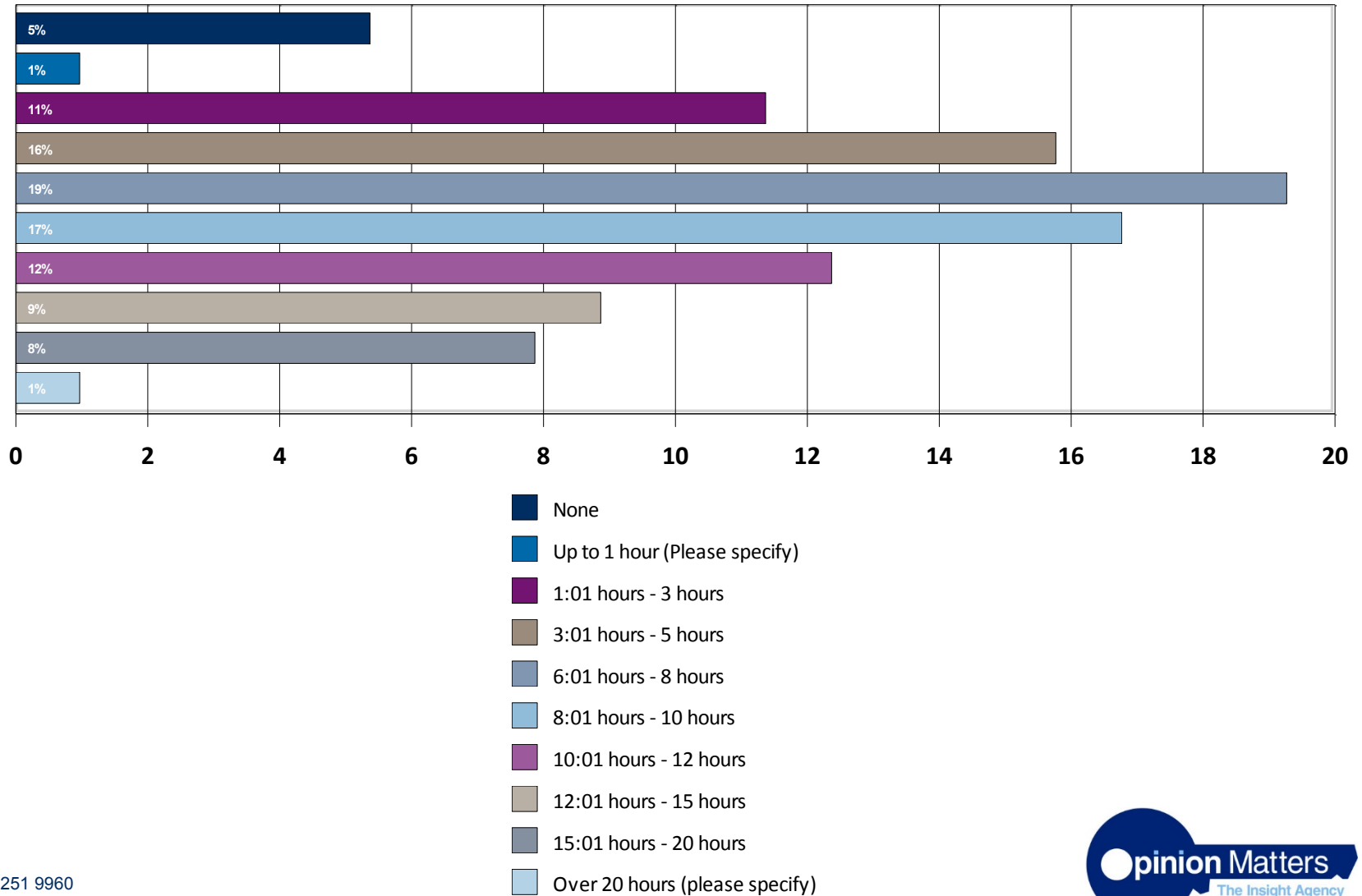
# Question Four Cross Tabulation With Company Size

How has your job impacted your personal life?



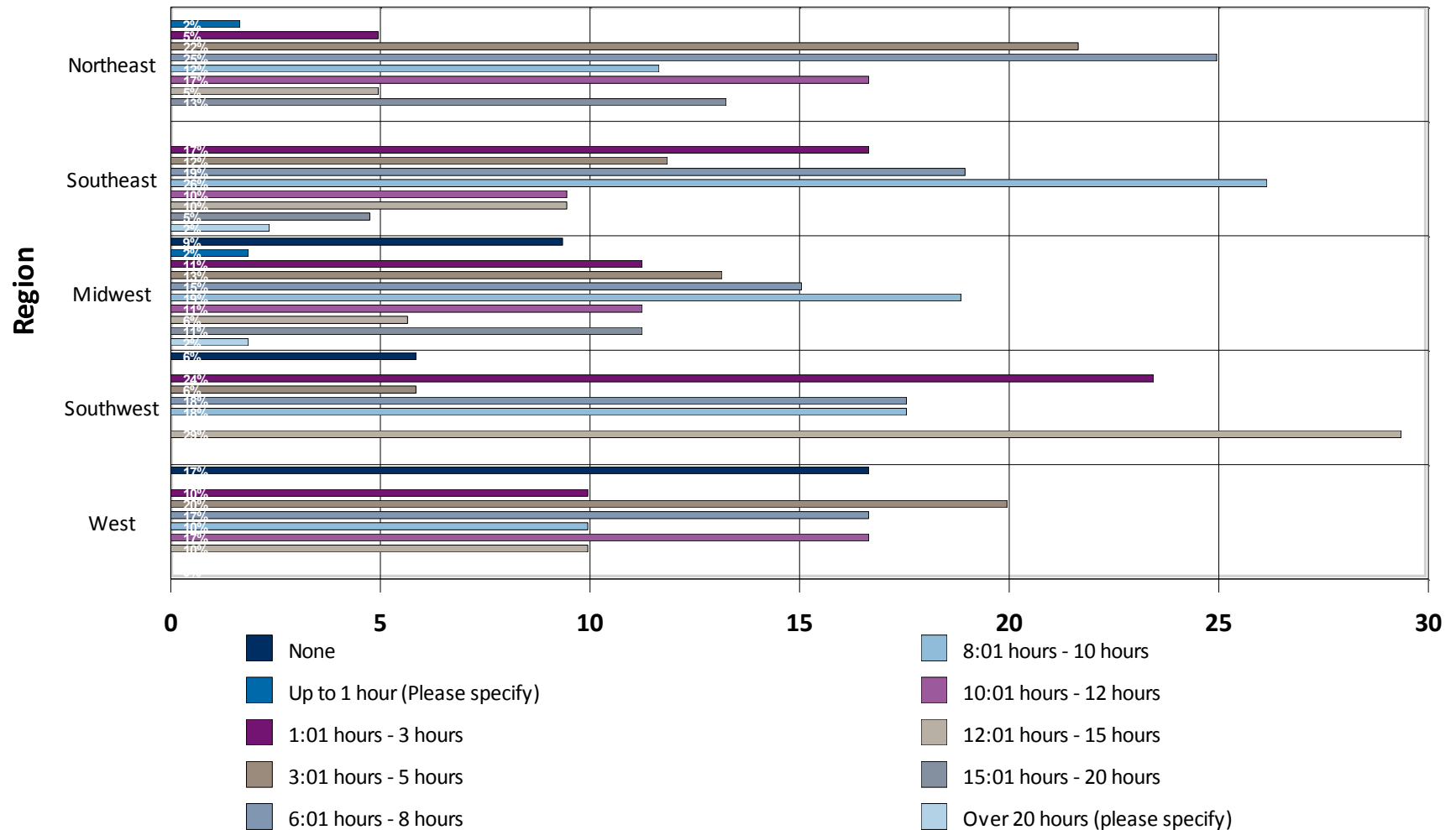
## Question Five

In an average week, how many hours overtime do you work?



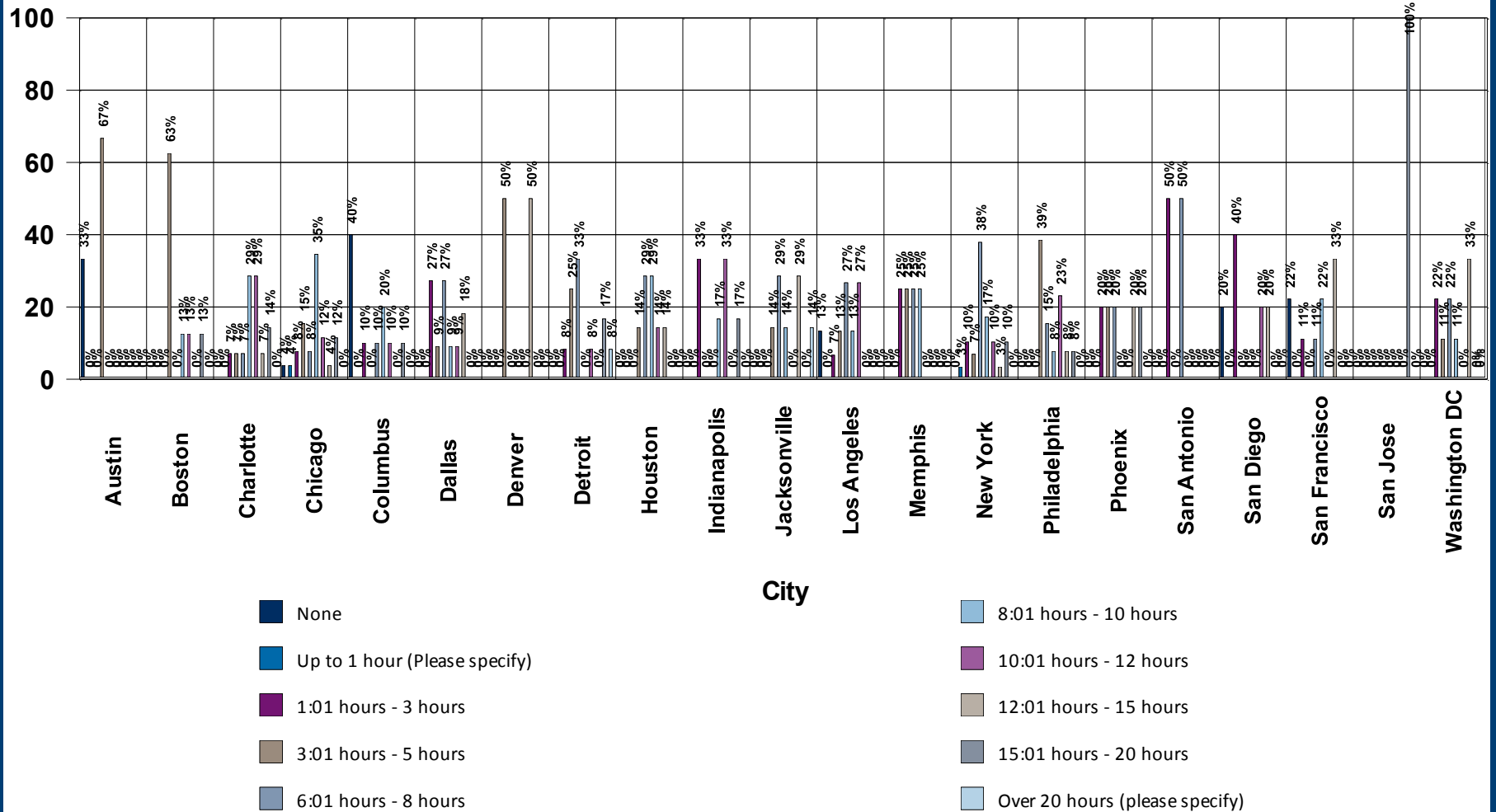
# Question Five Cross Tabulation With Region

In an average week, how many hours overtime do you work?



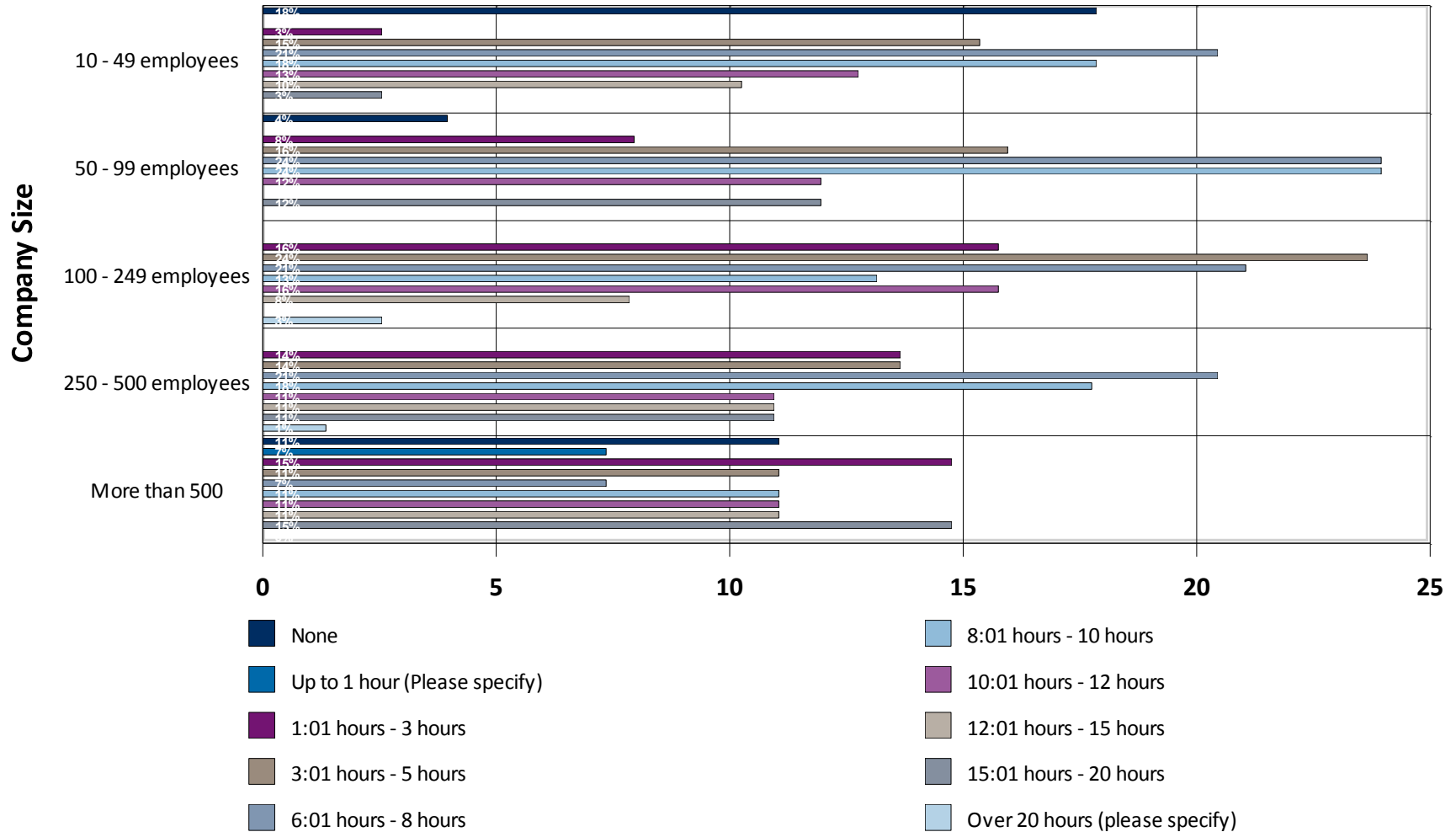
# Question Five Cross Tabulation With City

In an average week, how many hours overtime do you work?



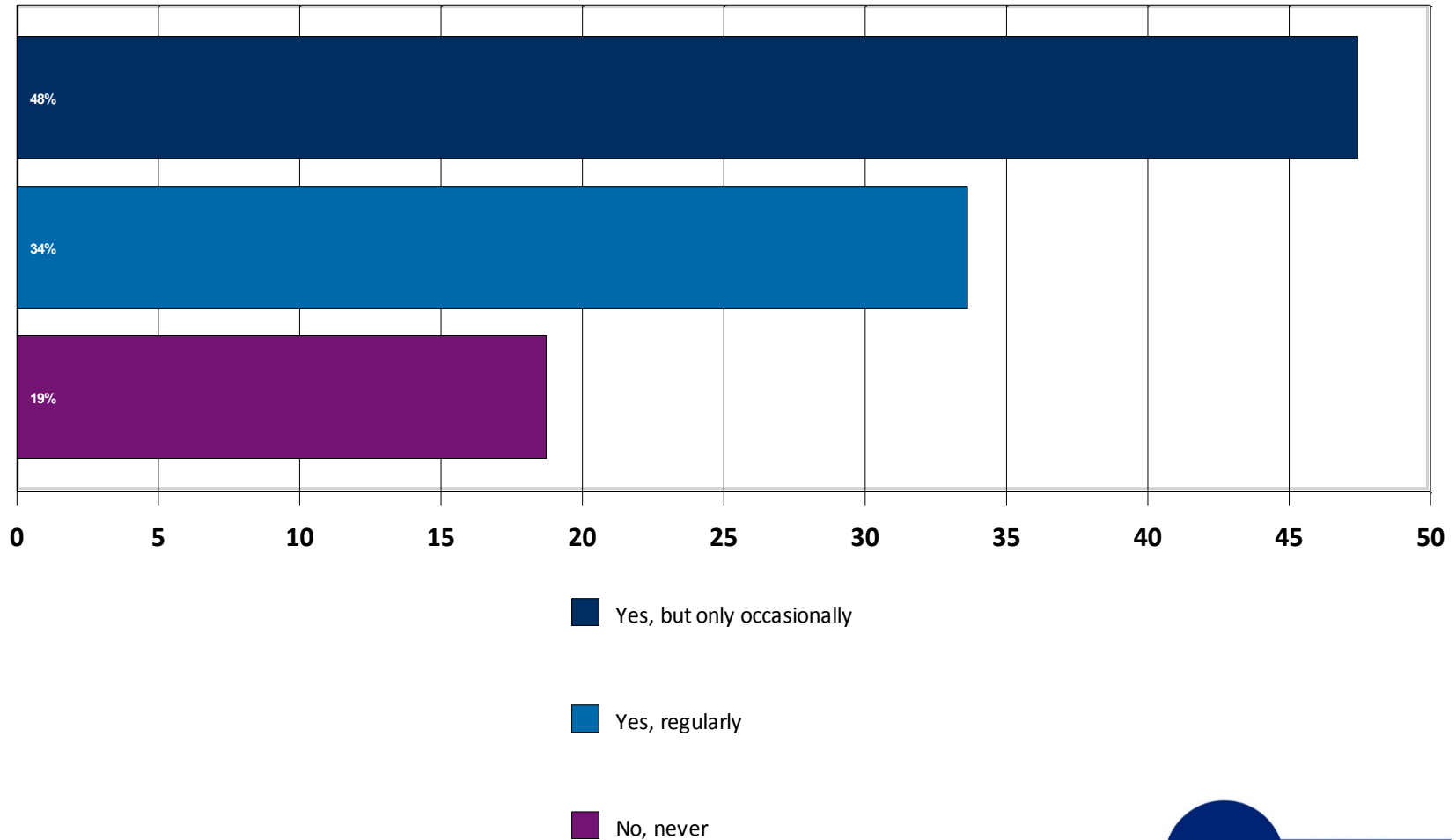
# Question Five Cross Tabulation With Company Size

In an average week, how many hours overtime do you work?



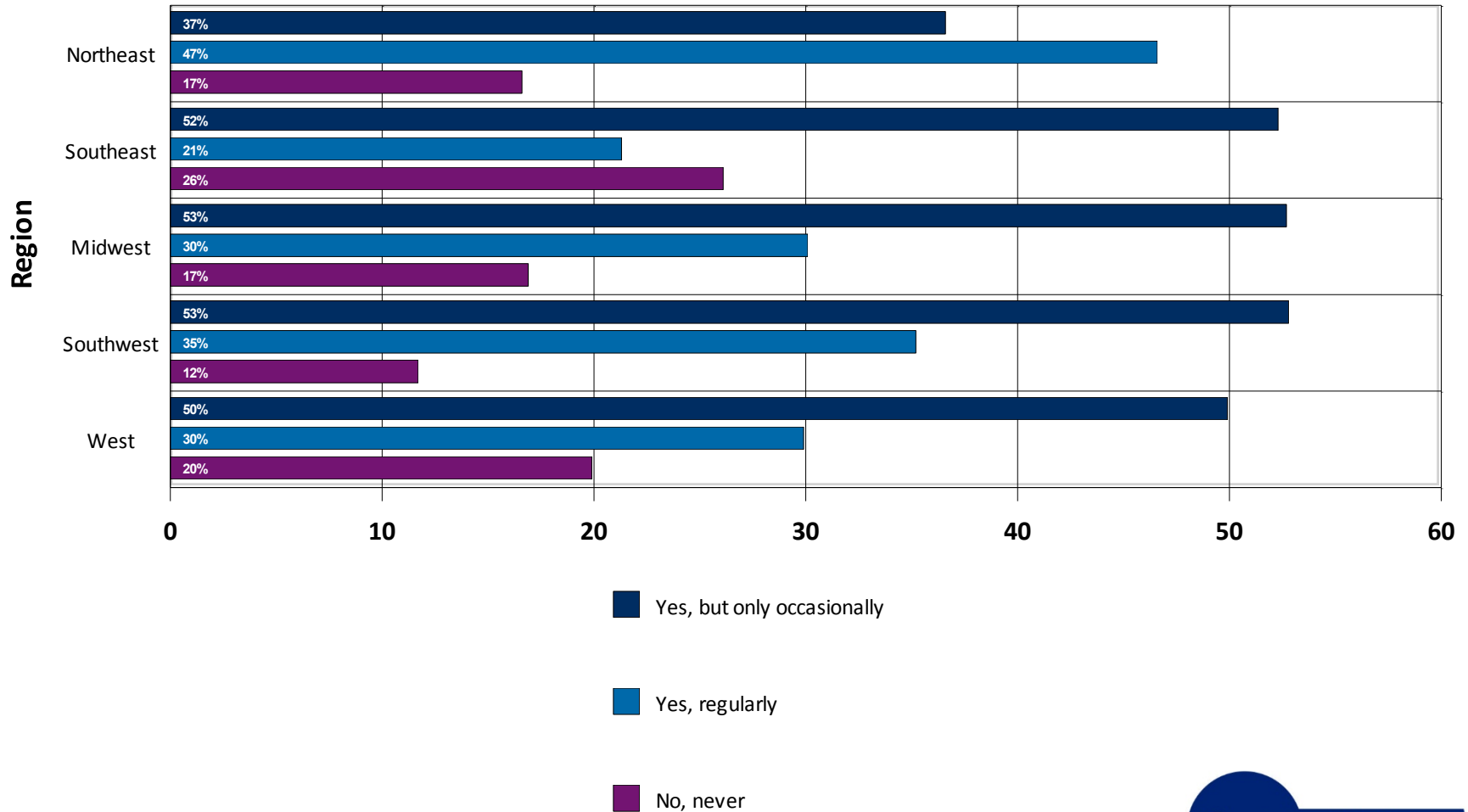
## Question Six

Have you ever considered switching careers because of on-the-job stress?



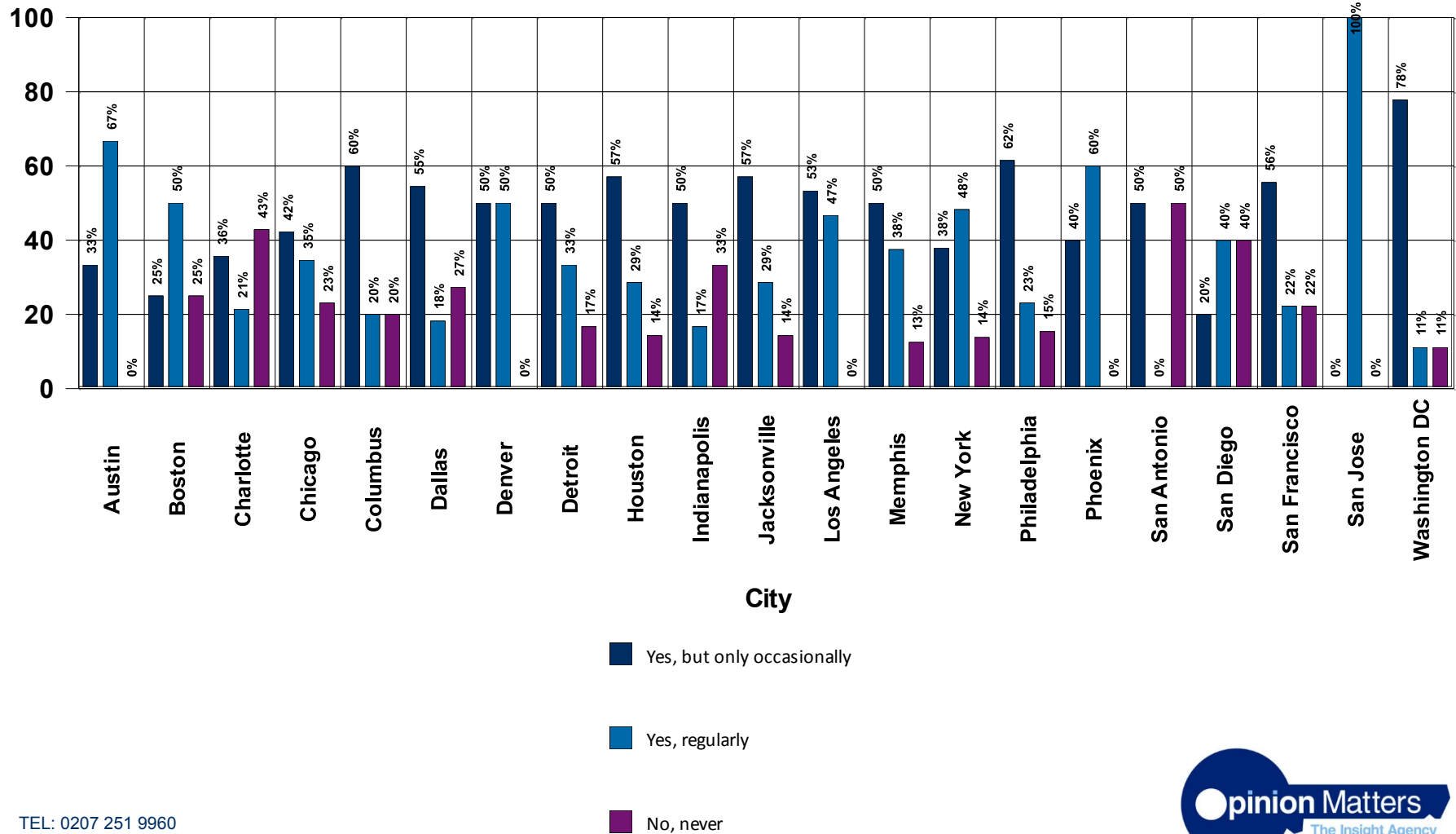
## Question Six Cross Tabulation With Region

Have you ever considered switching careers because of on-the-job stress?



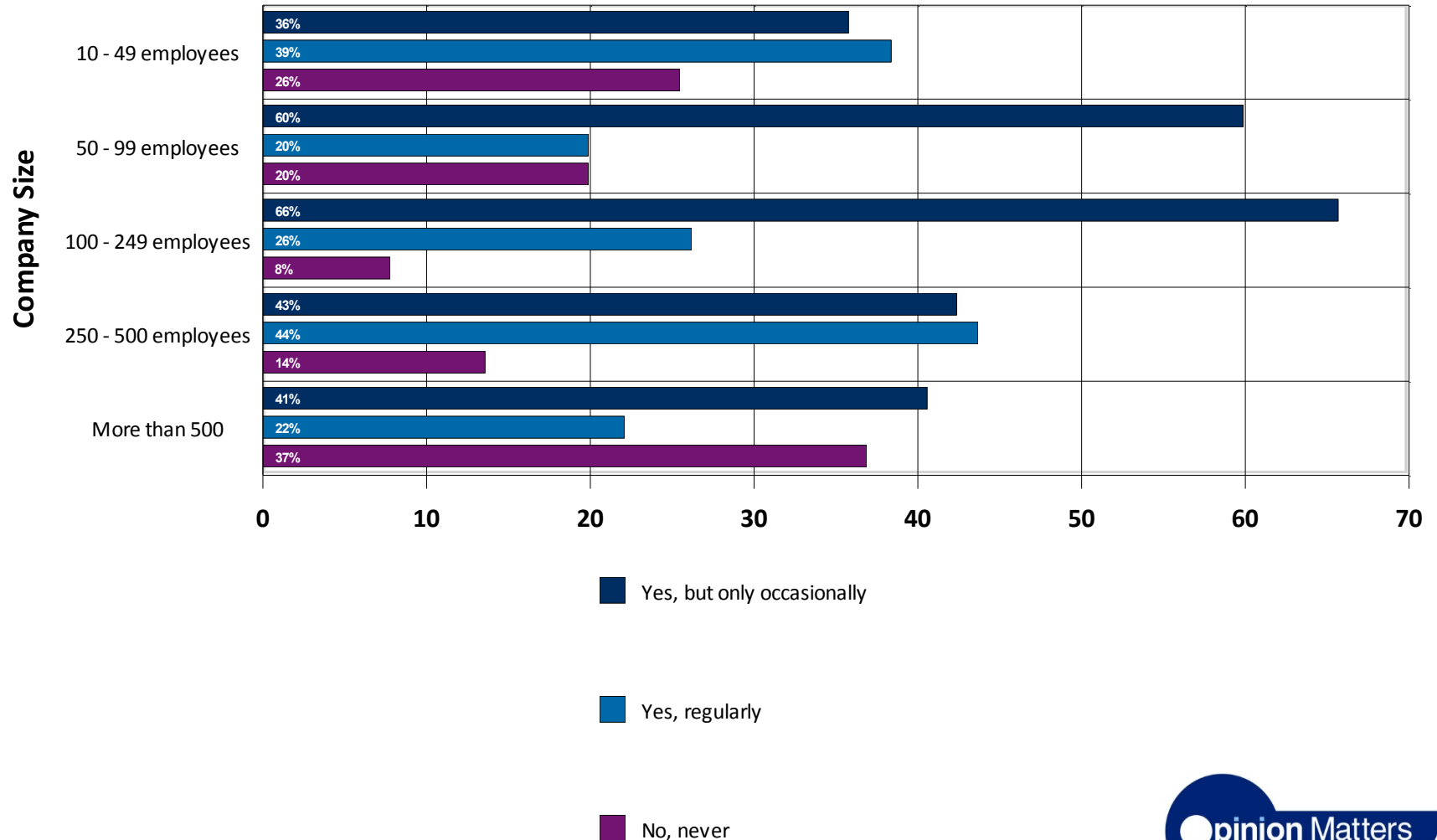
## Question Six Cross Tabulation With City

Have you ever considered switching careers because of on-the-job stress?



## Question Six Cross Tabulation With Company Size

Have you ever considered switching careers because of on-the-job stress?



## Question Seven

What is the most ridiculous thing you've seen an end user do?

*Open Response Question; please see spreadsheet*